



Offered at NO ADDITIONAL COST as part of your benefits

# Make back, neck and joint pain a thing of the past

If you're suffering from muscle, bone or joint pain, you aren't alone. Finding information about treatment options for your specific condition can be exhausting, but getting an expert second opinion is an easy way to get answers and relief.

Whether you're facing a potential surgery or have questions about less invasive treatments, 2nd.MD expert specialists are here to help. Get an expert second opinion at **NO ADDITIONAL COST!**



## Our specialists can help with conditions related to muscles, bones, and joints, including:

- Neck
- Spine
- Shoulders
- Ankle/foot
- Hand/wrist
- Arthritis
- Fractures
- Hips
- Knees
- And more

## How it works

### Activate your account and request a consult

Call **1.866.841.2575**

Visit **2nd.MD/activate**



### Speak with a nurse

Discuss your diagnosis with an experienced 2nd.MD orthopedic nurse. We'll collect your relevant medical records, including imaging and labs.

### Consult with a leading specialist

Connect to a top orthopedic specialist by video to discuss your treatment options from the comfort of home. Consultations are available when it's convenient for you, including nights and weekends!

## Did you know?\*

81%

of 2nd.MD consults result in improved treatment plans

28%

of consults lead to an alternate diagnosis

25%

of surgery consults result in surgery cancellation

96%

of 2nd.MD users would recommend 2nd.MD to a family member or friend

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.

\* 2nd.MD's book of business statistics 2023 | Copyright 2024. All rights reserved. 24-349f